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NEWS RELEASE

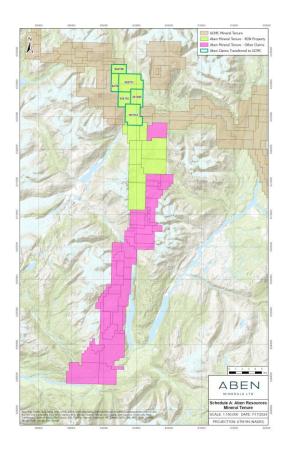
July 23, 2024

Aben Minerals Executes a Purchase and Sale Agreement

Vancouver, BC -- Aben Minerals Ltd. (TSX-V: <u>ABM</u>) (OTCQB: <u>ABNAF</u>) (Frankfurt: <u>R26</u>) ("Aben" or "the Company") is pleased to announce the Company has entered into a Purchase and Sale Agreement (the "Agreement") for the sale of six minerals claims from its Forrest Kerr Project portfolio located in the Golden Triangle of Northwestern British Columbia, Canada (the "Property") to Galore Creek Mining Corporation ("GCMC").

Under the terms of the Agreement, GCMC has agreed to purchase a 100% interest in six mineral claims totalling approximately 3,200 hectares and including all of Aben's interests and obligations in relation to the RDN claims package ("RDN") within the Property in exchange for \$200,000 CAD.

Figure 1. The 6 Claims within the Agreement



Forrest Kerr Project

Aben will still retain the 100% owned 50 mineral claims totalling around 20,197 hectares post transaction. The gold discovery zone known as the North Boundary Zone, will still remain with Aben Minerals. Moving forward, the Company remains open to earn-in joint venture partnerships, claims sales, or a complete property sale.

About Aben Minerals:

Aben Minerals is a Canadian gold exploration company with exploration projects in the Yukon Territory and British Columbia. The Company's goal is to increase shareholder value through new discoveries and developing exploration projects in geopolitically favourable jurisdictions. The Company has 18.7 million shares outstanding.

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For further information on Aben Minerals Ltd. (TSX-V: ABM), visit our Company's website at www.abenminerals.com.

ABEN MINERALS LTD.

"Riley Trimble"

Riley Trimble
President & CEO

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This release includes certain statements that may be deemed to be "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that management of the Company expects, are forward-looking statements. Although management believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in the forward-looking statements. The Company undertakes no obligation to update these forward-looking statements if management's beliefs, estimates or opinions, or other factors, should change. Factors that could cause actual results to differ materially from those in forward-looking statements, include market prices, exploration and development successes, continued availability of capital and financing, and general economic, market or business conditions. Please see the public filings of the Company at www.sedar.com for further information.