CORPORATE

Shares issued -- Rusty Springs Silver Project, District of Dawson, Yukon

December 22, 2011

Vancouver, BC – Aben Resources Ltd. (TSX-V: ABN) (Frankfurt: E2L) (the "Company") announces that it has issued 250,000 common shares in connection with its Property Option Agreement dated February 15, 2011 with Eagle Plains Resources Ltd. whereby the Company has been granted an option to earn a 100% interest, subject to a 3% net smelter return royalty, in the 1,100 hectare Rusty Springs Sliver Project, District of Dawson, Yukon Territory (the "Property").

Aben's Yukon Property Claims Map:
https://abenresources.com/site/assets/files/3802/abn_property_location.jpg

The common shares issued are subject to a four month hold period under applicable securities laws, and imposed by the TSX Venture Exchange, expiring April 16, 2012.

In order to earn a 100% interest in the Property, the Company must make further cash payments of $250,000 and issue a total of 1,000,000 common shares over the remaining four-year term of the Agreement. The Company is also required to pay the Vendor a yearly minimum advanced royalty of $25,000.

For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at www.abenresources.com.

ON BEHALF OF THE BOARD OF DIRECTORS

"Jim Pettit"

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JAMES G. PETTIT
President

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Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

This news release may contain certain “Forward-Looking Statements” that may involve a number of risks and uncertainties. There can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. For a more detailed discussion of such risks and other factors, refer to the Company’s filings with Canadian Securities regulators available on www.sedar.com.