DRILL PROGRAM

Aben Resources to Begin Forrest Kerr Drill Program in BC's Golden Triangle Region

May 23, 2018

Vancouver, BC – Aben Resources Ltd. (TSX-V: ABN) (OTC PINK: ABNAF) (Frankfurt: E2L2) (the "Company") is pleased to announce plans for the upcoming summer drill program at the Forrest Kerr Gold Property located in Northwestern British Columbia's Golden Triangle region. The Company is planning a 5000 metre diamond drill program commencing in mid-June.

The initial focus for the drill program will be to expand the high-grade precious metal mineralization discovered in 2017 at the Boundary North Zone, located near the center of the Forrest Kerr Property. Three separate drill holes, collared from the same drill pad, pierced a near-surface high-grade zone of gold-silver-copper mineralization, in addition to broad intercepts containing gold bearing quartz veins. Select results from those holes include **6.7 grams per tonne (g/T) Au, 6.4 g/T Ag and 0.9% Cu over 10 metres, including 18.9 g/T Au, 16.6 g/T Ag and 2.2% Cu over 3.0 metres** in hole FK17-04 which contributed to an average grade of **0.26 g/T Au over 387 metres**. Hole FK17-05 returned **21.5 g/T Au, 28.5 g/T Ag and 3.1% Cu over 6 metres** from the same zone at a slightly greater depth.

The Company believes the 2017 discovery demonstrates that the Boundary Zone has additional discovery potential for significant precious metal mineralization. This area of the Forrest Kerr Property hosts gold-silver-copper in rock and soil anomalies that span in excess of 2 km by 4km and remain relatively under-explored.

The Company's President and CEO, Jim Pettit, stated: "*Notable regionaldiscoveries by Pretium, GT Gold, Garibaldi Resources and others have illustrated the significant discovery upside remaining in the district and we are confident in the potential at Forrest Kerr given the newly discovered and historic high grade mineralization there as well as the numerous untested gold-in-soil anomalies present*". Aben currently owns certain mineral tenures outright and has agreements in place with various third-parties whereby it has the exclusive right to a 100% interest in the 23,000 hectare property area.

Golden Triangle, B.C. claims map:
https://www.abenresources.com/site/assets/files/4728/abn_golden_triangle_map_1.jpg

Cornell McDowell, P.Geo., V.P. of Exploration of Aben Resources, has reviewed and approved the technical aspects of this news release and is the Qualified Person as defined by National Instrument 43-101.

About Aben Resources:

Aben Resources is a Canadian gold exploration company developing projects in British Columbia's Golden Triangle, the Yukon, and Saskatchewan.

For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at www.abenresources.com.

Aben Resources has approx. 78.3 million shares issued and outstanding.

ABEN RESOURCES LTD.

"Jim Pettit"

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