DRILL PROGRAM

Aben Resources Operator Eagle Plain's Suspends Drilling Program at the Chico Gold Project, Saskatchewan

March 23, 2018

Vancouver, BC – Aben Resources Ltd. (TSX-V: ABN) (OTCBB: ABNAF) (Frankfurt: E2L2) ("the Company" or "Aben") announces the suspension of the planned and permitted Chico drill program in Saskatchewan as a result of a request by the citizens of the community of Pelican Narrows and members of the Peter Ballantyne Cree Nation ("PBCN"). Details of the intended program were previously announced in a News Release dated March 1st, 2018.

Eagle Plains Resources Ltd. (TSX-V: EPL), as optionor and project operator, informed Aben of this request after a March 21, 2018 community meeting was convened in Pelican Narrows, attended by local stakeholders and Eagle Plains management. Following the meeting a decision was made by Aben and Eagle Plains to suspend the program. Aben may revisit plans to explore the property in the future, following meaningful consultation with the community and PBCN members. Government permits to undertake the proposed drilling program were issued on Feb. 28, 2018 by the Saskatchewan Ministry of Energy.

Aben holds the exclusive right to earn an undivided 80-per-cent interest in the property by completing $3.5-million in exploration expenditures, issuing 2.5 million shares and making $150,000 in cash payments to Eagle Plains by 2020. Aben recently made a cash payment of $25,000 and issued 250,000 common shares to Eagle Plains, pursuant to the terms of the current option agreement.

Aben Resources looks forward to the upcoming exploration season at the Forrest Kerr Gold Project in B.C.'s Golden Triangle after a successful drilling program there last year.

About Aben Resources:

Aben Resources is a Canadian gold exploration company developing gold-focused projects in British Columbia, Saskatchewan and the Yukon Territory. Aben is a well-funded junior exploration company with

approximately 62.7 million shares issued and outstanding. For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at: www.abenresources.com.

ABEN RESOURCES LTD.

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