

CORPORATE

Aben Resources Announces 2014 Exploration Program at Justin Gold-Silver-Tungsten Project, Southeast Yukon

July 10, 2014

Vancouver, BC – Aben Resources Ltd. (TSX-V: ABN) (OTC Pink: ABNAF) (Frankfurt: E2L) is pleased to announce its 2014 exploration program at its 100% owned 18,314 acre Justin gold-silver-tungsten project. The project area is located in southeast Yukon within the Tintina Gold Belt approximately 35 kilometers southwest of the Cantung Mine and is accessed by an all-season road.

Justin gold-silver-tungsten project location map:

<http://abenresources.com/site/assets/files/3751/abn-justin.jpg>

Aben's Justin property is host to numerous styles of intrusion-related mineralization (IRGS), most notably the newly-discovered auriferous gold-silver-tungsten skarn and sheeted vein system which comprise the POW zone. The Justin property area includes the POW, Confluence, Main and Kangas zones which form part of a 12 kilometer-long mineralized corridor. The property area is 35 kilometers from North American Tungsten Corp.'s Cantung tungsten-copper-gold mine, with other significant projects in the area including Golden Predator's Sprogge and 3-Aces properties. With excellent infrastructure and an active mine with similar geology nearby, Aben's Justin project boasts highly-prospective near-surface exploration targets for both gold and tungsten.

Justin project geophysics and areas of interest for drilling:

<http://abenresources.com/site/assets/files/3751/abn-justin-merged-mag-survey.jpg>

In 2011, a 2,020 metre ten-hole drill program targeted four separate mineralized zones on the Justin property. During this program a significant new greenfield gold discovery was made at the POW zone, with drill highlights including 60.0 metres of 1.19 g/t gold including 21.0 metres of 2.47 g/t gold in hole JN11009. A total of 1,994 metres were drilled in nine holes during the 2012 field season at the Justin property with highlights including 46.4 metres of 1.49 g/t gold in hole JN12011. All holes completed to target depths at the POW zone have intersected gold mineralization, with the zone open in all directions.

The 2014 Justin property work program will consist of geological mapping and prospecting, trenching, 9.0 kilometers of b-horizon soil geochemical sampling and collection of petrophysical data from existing drill core samples. This work will assist with defining and expanding the known extent of gold and tungsten mineralization on the property and to define targets for future drilling. The Yukon government has approved the project for partial funding through the 2014 YMEP program, which will result in a portion of exploration expenditures being reimbursed to Aben Resources.

The 2014 Justin exploration program will focus on two main areas of interest:

1. Delineating the extent of hard rock mineralization found at surface at the POW zone and surrounding area. Prospecting and trenching will focus on evaluating sheeted vein and skarn systems for both gold and tungsten potential. Specific target areas have been selected based upon favorable geochemical results returned from the 2012 exploration program.
2. Focus on the southeastern portion of the Justin property where initial prospecting and geochemical sampling in 2012 identified a new hard rock massive sulphide showing which has been named the Big Swifty. Geochemical surveys, prospecting and channel sampling will provide a detailed evaluation of the Big Swifty target area and give context to it's relationship with the IRGS mineralization recognized in the central and northern portions of the Justin property.

The 2014 Justin exploration program is expected to begin by the end of July.

Qualified Person

Tim J. Termuende, P.Geo., a Director of Aben Resources and Qualified Person as defined by National Instrument 43-101, has reviewed and approved the technical information in this release.

In other news, Aben Resources announced ([see news release July 8th](#)) that it will be carrying out a Phase 1 Field Program consisting of a ground-based electromagnetic (EM) survey this summer on its 40% owned Mann Lake Uranium Project. The property is strategically located on the east side of the Athabasca Basin, Saskatchewan 25 kilometers southwest of Cameco's McArthur River Mine and 15 kilometers northeast and along strike of Cameco's Millennium uranium deposit.

Aben's Mann Lake property is adjacent to the Mann Lake Joint Venture operated by Cameco (52.5%) with partners Denison Mines (30%) and AREVA (17.5%).

Mann Lake Uranium Project map:

http://abenresources.com/site/assets/files/3751/abn_athabasca_map_11x17.jpg

About Aben Resources:

Aben Resources Ltd. is a Canadian gold-silver-tungsten and uranium exploration company with projects in the Yukon, NWT and Saskatchewan's Athabasca Basin.

For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at www.abenresources.com.

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