PROJECTS

Aben Issues Shares for Amended VF Gold Property Option Agreement, SE Yukon

August 23, 2013

Vancouver, BC – Aben Resources Ltd. (TSX-V: ABN) (Frankfurt: E2L) (OTC Pink: ABNAF) (the "Company") announces that further to its news release dated August 15, 2013 announcing that it has amended its Option Agreement to acquire a 100% interest in the VF Gold Project Claims (the "VF Property"), the Company has now completed the acquisition. Regulatory acceptance of the amending agreement (the "Amending Agreement") has been received and a total of 1,700,000 common shares of the Company have been issued to the Vendor. The Company has earned a 100% interest in the VF Property.

The VF Property forms a portion of Aben's 18,300 acres Justin gold project located in the upper Hyland River Gold Belt of Watson Lake Mining District of southeast Yukon Territories.

Justin Gold Project SE Yukon Claims Map:
http://abenresources.com/site/assets/files/3767/justin-claim-boundary.jpg

Pursuant to the terms of the amending agreement (the "Amending Agreement"), the remaining cash payments of $120,000 and exploration commitments of $100,000 required over the five year term of the agreement are no longer required.

The common shares issued are subject to a four month hold period under applicable securities laws, and imposed by the TSX Venture Exchange, expiring December 24, 2013.

About Aben Resources:

Aben Resources Ltd. is a Canadian gold, silver, and uranium exploration company developing properties in the Yukon, NWT, and Saskatchewan's Athabasca Basin. The Company's road-accessible Justin gold project boasts a greenfield gold discovery made in 2011.

For further information on Aben Resources Ltd.(TSX-V: ABN), visit our Company's web site at www.abenresources.com.

ON BEHALF OF THE BOARD OF DIRECTORS

“Jim Pettit”

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JAMES G. PETTIT
President

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