DRILL PROGRAM

Aben Drills Into Notable Mineralization at Forrest Kerr Gold Project, Golden Triangle, British Columbia

September 5, 2017

Vancouver, BC - Aben Resources Ltd. (TSX-V: ABN) (OTCBB: ABNAF) (Frankfurt: E2L2) (the "Company") is pleased to provide the following progress update on its 2017 exploration and drilling program at its 23,000 hectare Forrest Kerr Gold Property located in British Columbia's Golden Triangle region. Drilling at Carcass Creek intersected several discrete zones of massive quartz veins and quartz-sulphide vein breccias that have historically reported high grade gold mineralization. At Boundary, massive to semi-massive sulphide horizons were encountered in association with strong quartz carbonate veining and breccias. Sulphides within these packages are relatively enriched in chalcopyrite, a copper mineral that has shown a strong correlation with gold mineralization both on the Forrest Kerr Property and in several localities within the Golden Triangle. *The drill core has been sent to the assay labs and final geochemical assays are pending.*

Golden Triangle Claims Map:
http://abenresources.com/site/assets/files/3700/abn_golden_triangle_map.jpg

Cornell McDowell, Vice President of Exploration of Aben noted: *"We elected to expand this first-phase drill program given the encouraging visual indicators that were witnessed in the drill core. Numerous copper-enriched mineralized zones were encountered over notable widths during drilling at the Boundary Zone. The Boundary rock has been strongly sericite-silica altered with locally intense quartz-sulphide and quartz-carbonate-sulphide veining, the product of a robust and wide-spread hydrothermal system. This type of geochemical and alteration signature has historically been strongly indicative of the potential for significant gold mineralization. This is particularly exciting given the mineralogic similarities between the sulphide horizons we have drilled and those that GT Gold is reporting from their Tatogga Property, located north of our Forrest Kerr Project."*

Aben's Forrest Kerr Project Map:
http://abenresources.com/site/assets/files/3700/fk-007.jpg

The Company recently announced it expanded its diamond drill program from 2,100 metres to approximately 2,500 metres. The expanded drill program includes drill holes testing the Boundary Zone to confirm and extend the high grade gold mineralization discovered in historical drilling. Drilling conducted in the early 1990's and 2000's at this zone returned some of the highest grades on the Forrest Kerr Property and the Company feels there is the potential for the expansion of the known zone based on recent data compilation, structural geological interpretation and additional field reconnaissance work.

Forrest Kerr Gold Project Summary:

Historical drilling results at the Forrest Kerr Project have ranged from trace values to several high-grade intercepts such as 9.97 g/t gold over 29.3 metres, including 125 g/t Au over 0.8 metres and 91 g/t Au over 1.9 metres, in hole RG91-21 in the Carcass Creek Zone as well as 33.4 g/t gold over 11 metres, including 326 g/t over 0.5 metres, in hole RG91-16 at the Boundary Zone. This high grade mineralization is within 200 metres vertical depth of surface and the Carcass and Boundary Zones are approx. 4 kilometres apart leaving robust discovery potential along strike, at depth and at other regional targets on the property.

The historical drill holes at the two main target areas, the Carcass and Boundary Zones, were drilled decades ago with limited follow up work due to limited accessibility, high drilling costs, and a less comprehensive understanding of the geology. Since then, major infrastructure improvements have been made including the Galore Creek access road on the north end of the property as well as roads and powerlines on the south end of the property where hydroelectric facilities have been built in recent years. In addition, rapid glacial retreat over the past 25 years have exposed extensive new areas of outcrop exposure in this highly prospective region. Aben's technical team has spent over a year analyzing and reinterpreting the historical exploration and geological data with the help of structural geologists to gain a stronger understanding of the existing targets and high-grade gold mineralization at the project.

**Note: Aben has not been able to independently verify the methodology and results from historical work programs within the property boundaries. However, management believes that the historical work programs have been conducted in a professional manner and the quality of data and information produced from them are relevant. In addition, management cautions that past results or discoveries on proximate land are not necessarily indicative of the results that may be achieved on the Forrest Kerr property.*

Cornell McDowell, P.Geo., V.P. of Exploration of Aben Resources, has reviewed and approved the technical aspects of this news release and is the Qualified Person as defined by National Instrument 43-101.

About Aben Resources:

Aben Resources is a Canadian gold exploration company developing projects in British Columbia's Golden Triangle, the Yukon, and Saskatchewan. Aben's flagship Forrest Kerr Gold Project is located in the Golden Triangle of BC where the Company currently owns certain mineral tenures outright and has agreements in place with various third-parties whereby it has the exclusive right to a 100% interest in the 23,000-hectare property area.

For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at www.abenresources.com.

Aben Resources has approx. 52.8 million shares issued and outstanding.

ABEN RESOURCES LTD.

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