

DRILL PROGRAM

Aben Commences Diamond Drill Program at its Forrest Kerr Gold Project in BC's Golden Triangle Region

August 3, 2017

Vancouver, BC – Aben Resources Ltd. (TSX-V: ABN) (OTCBB: ABNAF) (Frankfurt: E2L2) (the “Company”) is pleased to announce it has commenced its summer diamond drilling program at its 23,000 hectare Forrest Kerr Gold Property located in North Western British Columbia’s Golden Triangle region. The Company intends to drill 2,100 meters (6,800 feet) with initial drill holes testing the Carcass Creek and Boundary Zones to confirm and extend the high grade gold mineralization discovered in historical drilling. Drilling conducted in the early 1990’s and 2000’s at these zones returned some of the highest grades on the Forrest Kerr Property and the Company feels there is the potential for the expansion of these known zones based on recent data compilation, structural geological interpretation and additional field reconnaissance work. Aben currently owns certain mineral tenures outright and has agreements in place with various third-parties whereby it has the exclusive right to a 100% interest in the large property area.

Golden Triangle Claims Map:

http://abenresources.com/site/assets/files/3696/abn_golden_triangle_map.jpg

Historical drilling results at the Forrest Kerr Project have ranged from trace values to several high-grade intercepts such as 9.97 g/t gold over 29.3 metres, including 125 g/t Au over 0.8 metres and 91 g/t Au over 1.9 metres, in hole RG91-21 in the Carcass Creek Zone as well as 33.4 g/t gold over 11 metres, including 326 g/t over 0.5 metres, in hole RG91-16 in the Boundary Zone. This high grade mineralization is within 200 metres vertical depth from surface and the Carcass and Boundary Zones are approx. 4 kilometres apart leaving robust discovery potential along strike, at depth and at other regional targets on the property.

Aben’s Forrest Kerr Project Map:

<http://abenresources.com/site/assets/files/3696/fk-007.jpg>

Field based exploration activities have been underway earlier this season at Forrest Kerr where crews completed soil geochemical sampling, ground-truthed historical data and evaluated mineralization

potential on a property-wide basis. Focus was placed on those areas containing historical high-grade precious and base-metal occurrences. There are also more conceptual targets to be tested south of the Boundary Zone where there are areas of outcrop with multiple shear zones and abundant sulfides with surface samples returning gold grades ranging from trace values to 3 – 5 g/t Au.

Jim Pettit, President and CEO of Aben, states: “The commencement of this first-pass drill program at our Forrest Kerr project in the prolific Golden Triangle is a milestone for the Company. Recent drill discoveries by Pretium, GT Gold, Colorado Resources and others illustrate the significant discovery upside remaining in the district and we are confident in the potential at Forrest Kerr given the known high-grade gold mineralization present there which we plan to test early in the drill program. Despite excellent drill results including 10 g/t Au over 29 metres and 33 g/t Au over 11 metres, these historical drill holes at the Carcass and Boundary Zones were drilled decades ago with limited follow up work due to limited accessibility, high drilling costs, and a less comprehensive understanding of the geology. Since then, major infrastructure improvements have been made including the Galore Creek access road on the north end of the property as well as roads and powerlines on the south end of the property where hydroelectric facilities have been built in recent years which have helped bring the drilling costs down. In addition, rapid glacial retreats over the past 25 years have exposed extensive new areas of outcrop exposure in this highly prospective region. Lastly, Aben’s technical team has spent over a year analyzing and reinterpreting the historical exploration and geological data with the help of structural geologists and we feel we have a stronger understanding of the existing targets and high-grade gold mineralization at the project.”

Tim J. Termuende, P.Geo., a Director of Aben, commented: “Since first working in the Forrest Kerr area in 1990 as a young geologist, I have been continually impressed with the abundance of mineralization within the Golden Triangle. The project is located along the Forrest Kerr Fault which consists of a 40 km long north-south belt overlying rocks of the Hazelton and Stuhini Groups, a complex assemblage of volcanic accumulations with intervening sedimentary sequences which are host to significant gold deposits in the Golden Triangle region.”

**Note: Aben has not been able to independently verify the methodology and results from historical work programs within the property boundaries. However, management believes that the historical work programs have been conducted in a professional manner and the quality of data and information produced from them are relevant. In addition, management cautions that past results or discoveries on proximate land are not necessarily indicative of the results that may be achieved on the Forrest Kerr property.*

Cornell McDowell, P.Geo., V.P. of Exploration of Aben Resources, has reviewed and approved the technical aspects of this news release and is the Qualified Person as defined by National Instrument 43-101.

About Aben Resources:

Aben Resources is a Canadian gold exploration company developing projects in British Columbia’s Golden Triangle, the Yukon, and Saskatchewan. The Company currently owns certain mineral tenures outright and has agreements in place with various third-parties whereby it has the exclusive right to a 100% interest in the 23,000 hectare Forrest Kerr property area.

For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at www.abenresources.com.

Aben Resources has approx. 48.8 million shares issued and outstanding.

ABEN RESOURCES LTD.

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